



# COMPETITION SQUADS INFORMATION & POLICIES

2024/2025 SEASON



# ACTIVE GYMNASTICS

## COMPETITIVE SQUAD PATHWAYS 2025

At Active Gymnastics, we offer two competition streams within the Australian Levels Program: State and National Levels. Both streams follow the same routines in each level. The key difference is the training commitment and qualifying scores required for state championships.

The selection of a competition stream is based on the number of training hours a gymnast can commit to, as well as where they will be most successful.

We prioritize the overall well-being of our athletes, encouraging a healthy balance between gymnastics, academics, and social activities.

Gymnasts may switch between streams after a competition season based on their ability to commit to the required training hours and our assessment of which stream best suits their current skill level for the upcoming year.



### COMPETITIVE STREAM TRAINING GUIDELINE



<b>Lavender Sapphires (Level 1)</b> Athletes have the option of 1 or 2 1hr classes per week	
<b>Purple &amp; Violet Sapphires (Level 2)</b> Athletes train 2hrs twice a week (4hrs per week)	
<b>Pink Emeralds / Magenta Emeralds (State 3)</b> Athletes train 6hrs per week	<b>Pink Diamonds / Magenta Diamonds (National 3)</b> Athletes train 6-9hrs per week
<b>White Emeralds / Red Emeralds (State 4)</b> Athletes train 6-9hrs per week	<b>White Diamonds / Red Diamonds (National 4)</b> Athletes train 9-12hrs per week
<b>Black Emeralds &amp; Blue Emeralds (State 5)</b> Athletes train 6-9hrs per week. 9 Hours is encouraged.	<b>Black Diamonds &amp; Blue Diamonds (National 5)</b> Athletes train 12-14hrs per week
<b>Silver Emeralds (State 6)</b> Athletes train 6-9hrs per week. 9 Hours is encouraged.	<b>Silver Diamonds (National 6)</b> Athletes train 14hrs per week
<b>Gold Emeralds (State 7+)</b> Athletes train 6-9hrs per week. 9 Hours is encouraged.	<b>Gold Diamonds (National 7+)</b> Athletes train 14-16hrs per week

O’CONNOR SQUAD TIMETABLE						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gold Diamonds (NL7+) Silver Diamonds (NL6) Ally & Nikolai	4.00-7.30pm	4.00-6.00pm Nat7+	4.00-7.30pm		4.00-7.00pm	12.00-4.00pm
Black Diamonds (NL5) Tayah & Dali	4.00-7.00pm		4.00-7.00pm		4.00-7.00pm	12.00-4.00pm
Red Diamonds (NL4) Gabby	4.00-7.00pm		4.00-7.00pm			1.00-4.00pm
Pink Diamonds (NL3) Lexie M		4.00-7.00pm		4.00-7.00pm		1.00-4.00pm
Gold Emeralds (SL7+) Silver Emeralds (SL6) Jen & Jess L		5.00-8.00pm			5.00-8.00pm	1.00-4.00pm Optional
Black Emeralds (SL4/5) Ash C		5.00-8.00pm			5.00-8.00pm	1.00-4.00pm Optional
Blue Emeralds (SL4/5) Nessa	4.30-7.30pm			4.30-7.30pm		1.00-4.00pm Optional
White Emeralds (SL4) Hina	4.30-7.30pm			4.30-7.30pm		1.00-4.00pm Optional
Pink Emeralds (SL3) Sienna		4.00-7.00pm		4.00-7.00pm		1.00-4.00pm Optional
Purple Sapphires (L2) Emily / Ally		4.00-6.00pm				10.00-12.00pm
Violet Sapphires (L2) Grace W			4.00-6.00pm			10.00-12.00pm
Lavender Sapphires (L1) Dali, Erika, Jess L & Myles 1-2 days	3.45-5.15pm Dali	3.45-5.15pm Jess L	3.45-5.15pm Erika			

JANDAKOT SQUAD TIMETABLE						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Red Diamonds (N4) Madi	4.00-7.00pm			4.00-7.00pm		1.00-4.00pm
Black Emeralds (S5) Grace T	4.00-7.00pm			4.00-7.00pm		1.00-4.00pm
White Emeralds (S3/4) Bron	4.00-7.00pm			4.00-7.00pm		1.00-4.00pm Optional
Red Emeralds (S4) Ash C	4.00-7.00pm			4.00-7.00pm		1.00-4.00pm Optional
Pink Emeralds (S3) Jess W		4.00-7.00pm			4.00-7.00pm	1.00-4.00pm Optional
Purple Sapphires (L2) Bron		4.00-6.00pm			4.00-6.00pm	
Lavender Sapphires (L1) Jess W, Alexis P & Georgia		3.45-5.15pm Georgia	3.45-5.15pm Jess W			8.50-10.05am Alexis

# 2024/2025 COMPETITION SEASONS FEE POLICY

## Fortnightly Billing

Competitive and Competitive Development Squads are billed fortnightly according to the hours trained, as outlined in the fee schedule.

Training continues year-round, including during school holidays, with a two-week closure over Christmas.

## Holiday and Holiday Provisions

Athletes are allocated fix (5) weeks equivalent of holiday hours (inclusive of public holidays) and are charged for 47 weeks of tuition divided into equal fortnightly payments. Hours per week x 47 weeks divided by 50 weeks. We do not process a payment the fortnight that we are closed over Christmas and New Year.

As a result, fees are billed for 25 fortnights each year.

As five (5) weeks holidays are already factored into the fee structure outlined above, there will be no discounts or adjustments to fee invoices during fortnights that include holidays, and public holidays such as Anzac, Easter, and other public holidays.

## Payments

Fortnightly payments will be processed through iClassPro via Payrix. Please log in to your customer portal to enter your payment details, which will be securely stored after entry. Although fees are due fortnightly, you will see one-quarter of payments at a time in your account.

## Unsuccessful Payments

We incur a \$5.50 fee for any unsuccessful payments from Payrix. This fee will be added to your account if a transaction is declined or cannot be processed due to missing or outdated payment information. Please ensure your card details are current and sufficient funds are available.





### Payrix Charges

All transactions incur a small fee from Payrix, our service provider. The most cost-effective option is the Bank Account Transfer, which costs \$0.88 per transaction, regardless of the amount.

Data Storage and Compliance (once per record)	\$0.33	Visa/Mastercard (calculated on transaction value	1.98%
Bank Account Transfer (per transaction)	\$0.88	American Express (calculated on transaction value)	3.85%
Credit/Debit Card Transaction fee (per transaction)	\$0.33	Failed Transaction (per failed or rejected transaction)	\$5.50

### Termination of Competitive Program Membership

If you wish to withdraw from the competitive program, two weeks' written notice is required. Members may continue training during this notice period.

### Competition Levy

Competition squad athletes are often divided across multiple levels. To cover the costs of providing coaches, judges, other personnel, and administration, a surcharge of \$20 is added to each competition.

### Absence Policy

The costs to Active remain the same regardless of a gymnast's absence; therefore, normal tuition fees will still apply. This includes if the gymnast is away on gymnastics trips or tours.

If a member is unable to train for more than seven (7) consecutive days due to an injury or medical condition, fees may be credited for this period, provided a medical certificate is submitted to the Competition Program Manager.

### Travel / Trip Levy

Clubs are required to provide judges and coaches for most interstate and international competitions. A levy will be added to cover the travel, accommodation, and trip expenses for coaches and judges.

## CUSTOMER PORTAL

To access our customer portal, go to the following web address:

<https://go.activegym.au/book>

Please use the email address you provided to us for your account setup, as this will sync with the information we have on file. To add payment details, select "Account," then "Make Payment," and finally, "Add Payment Info." If you encounter any issues setting up your account, please call 0417 503 517 or email [info@activegym.com.au](mailto:info@activegym.com.au).

# 2024/2025 Competitive Season Fee Schedule

Fortnightly Fee: 47 Weeks Training billed equally over 50 Weeks

Hours trained	Fortnightly Fee	Hours trained	Fortnightly Fee
4 Hours	\$141.39	12 Hours	\$239.00
6 Hours	\$160.26	13 Hours	\$244.78
9 Hours	\$210.34	14 Hours	\$248.10
10 Hours	\$211.46	15 Hours	\$256.28
11 Hours	\$226.48	16 Hours	\$259.26

## Billing Dates

Fortnight No.	Fortnight	Due Date
1	14 October-27 October	14 October '24
2	28 October-10 November	28 October '24
3	11 November-24 November	11 November '24
4	25 November-8 December	25 November '24
5	9 December-22 December	9 December '24
6	6 January-19 January	6 January '25
7	20 January-2 February	20 January '25
8	3 February-16 February	3 February '25
9	17 February-2 March	17 February '25
10	3 March-16 March	3 March '25
11	17 March-30 March	17 March '25
12	31 March-13 April	31 March '25
13	14 April-27 April	14 April '25
14	28 April-11 May	28 April '25
15	12 May-25 May	12 May '25
16	26 May-8 June	26 May '25
17	9 June-22 June	9 June '25
18	23 June-6 July	23 June '25
19	7 July-20 July	7 July '25
20	21 July-3 August	21 July '25
21	4 August-17 August	4 August '25
22	18 August-31 August	18 August '25
23	1 September-14 September	1 September '25
24	15 September-28 September	15 September '25
25	29 September-12 October	29 September '25



## TRAINING POLICY

- Competitive gymnasts will be expected to train the required days/hours for their current squad.
- All competitive gymnasts with an injury that requires taping, must be taped by a professional prior to their session. Parents must inform their child's coach of any new or ongoing injuries.
- Gymnasts are expected to attend and train their regular sessions throughout injury periods to ensure strength and flexibility is maintained. Programs will be set for any gymnast with an isolated injury. Any serious injury which does not enable gymnasts to attend, must be discussed with management to determine a fee reduction.
- Following the competition season, all gymnasts will train towards the next appropriate level in the Australian Levels Program (ALP). This does not confirm the level they shall compete the following year.
- Due to qualification scores needing to be met at events, there is a minimum standard for skills and elements to be demonstrated during training to be entered into a specific level.
- Due to safety and standards, gymnasts are expected to be in full attendance of training sessions, at least 2 weeks prior to any event. Gymnasts who are absent 2 or more weeks prior to a competition must be able to attend the session prior to the event to be evaluated as to their readiness to compete. In these circumstances, gymnasts will only compete at the discretion of their coach.
- Competitions usually fall on weekends, often one squad may be split into 2-3 age categories and the squad coach will be at the competition for multiple sessions. If any of these competition sessions are scheduled during regular training times, there will be no training session for the squad on that day. This will be communicated before the competition.

## TRAINING ATTIRE

Our training attire policy is designed to ensure athlete safety and optimal performance. Athletes must wear appropriate clothing that allows full movement and participation during training.

The following items are generally required for training:

- Leotard or crop top set
- Tight-fitting singlet or top
- Fitted shorts
- Leggings
- Tracksuit for warm-up in winter
- Hair should be securely tied up, with a bun preferred, as it keeps hair out of the gymnasts way.
- No jewelry should be worn except for small stud earrings.

## COMPETITION ENTRY POLICY



- It is club policy that competition entries will only be accepted if training fees are up to date.
- Competitive Gymnastics training involves both preparation for competition and skill development for higher levels. A gymnast's readiness to compete will be based on some of the following criteria:
  - Rules and requirements for the specific competition
  - Current skill level and quality of training
  - Previous competition results including practice competitions
  - Athlete readiness

Decisions to withhold a gymnast from entering an event based on the above criteria will be at the discretion of the coach and club management.

**ALL COMPETITION INFORMATION  
& CORRESPONDENCE WILL BE  
SENT VIA EMAIL.**

PLEASE CHECK YOUR iClassPro  
CUSTOMER PORTAL OR AT  
RECEPTION TO ENSURE ALL  
DETAILS ARE UP TO DATE



# Competition Event Procedures

- Schedules and Workplans are set by Gymnastics WA. Parents are not able to contact GWA direct in relation to event scheduling.
- Gymnasts must arrive at the competition no later than the registration time stated on the event workplan. This is to ensure the coaches have enough time to prepare their gymnasts.
- Gymnasts are to wear Active competition attire and wear their hair tied back in a tight bun.
- During competitions, parents are not allowed to enter the competition area, approach their child or try to communicate with either coach or judge. Doing so can cause the gymnast or team to be disqualified.
- From the start of the competition until the end of presentations, gymnasts are the responsibility of the coaching staff. The only exception is when a parent has to escort their child to the bathroom if required as per GWA's child safety policy.
- Parent volunteers are needed for every competition. Each family is required to volunteer for at least one session during the year. Clubs are charged \$100 per role if a volunteer is not provided, so your help in filling these roles is greatly appreciated. If a family is unable to volunteer for the session they are assigned, they must either find a replacement or pay the GWA fee.

We thank you in advance for all your help, support and understanding with giving up your time.

ALL GWA COMPETITIONS ARE HELD  
AT THE STATE GYMNASTICS CENTER  
LOCATED;

***LOFTUS RECREATION CENTER***  
**99 LOFTUS STREET**  
**(cnr Vincent Street)**  
**LEEDERVILLE, WA**





# COMPETITION UNIFORM

## LEOTARDS

We will be updating our squad 2025 leotards. Information on how to order the new designs will be provided in November. We are launching a "Design Our Squad Leotard" competition.

Participants can submit their designs for three different leotards:

- A sleeveless training leotard that may also be used for Level 1-2 competitions.
- A State and National Level 3-6 leotard.
- A State and National Level 7+ leotard.

The winning designs will be used for our new squad leotards, and the winners will receive their leotard as a prize!

\*Please note that changes may be made to the winning designs for manufacturing and cost reasons.

## COMPETITION JACKET \$75

There is currently some stock of the Active competition jacket at reception.

We will email the deadline dates for any new orders. Please ensure your order is placed before these dates to ensure you receive your jacket in time for competitions.



## COMPETITION TRACKSUIT PANTS

Gymnasts will be required to have plain black tracksuit pants to wear with the competition jacket. Whilst our current supplier has the option to purchase a pair through them (\$50), you are welcome to source these from another supplier or use plain black track pants you already have.

Please note that black leggings, dance tights, 'hammer pants' or pants with large noticeable branding or markings (see examples) are not acceptable.

