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ACTIVE GYMNASTICS

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# COMPETITION SQUADS INFORMATION BOOK

*Information for National & State Level 3-6 & Open gymnasts: 2023  
competition season*



2023

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# GWA COMPETITION DATES 2023

## **WAG COMPETITION #1**

**28th-30th July**

NATIONAL & STATE LEVELS 3-4

ENTRY CLOSING DATE: 26th June

**Entry fee \$90**

## **WAG COMPETITION #3**

**14th-17th September**

STATE LEVELS 3-Open

ENTRY CLOSING DATE: 14th August

**Entry fee \$90**

## **WAG COMPETITION #2**

**11th-13th August**

NATIONAL LEVELS 5-6 &

STATE LEVELS 5-Open

ENTRY CLOSING DATE: 10th July

**Entry fee \$90**

## **STARMITES INVITATIONAL**

**22nd-25th September**

STATE LEVEL 3-Open

ENTRY CLOSING DATE: 11th August

**Entry fee \$90**

## **JUDGES INVITATIONAL**

**1st-3rd September**

NATIONAL LEVELS 3-10

ENTRY CLOSING DATE: 31st July

**Entry fee \$90**

## **WA JUNIOR CHAMPIONSHIPS**

**12th-15th October or 19th-22nd October**

NATIONAL LEVELS 3-6 &

STATE LEVELS 3-Open

ENTRY CLOSING DATE: 28th August

**Entry fee \$135**



### State & National LEVEL 3

- WAG SERIES #1
- WAG SERIES #3 \*State Level only
- Judges Invitational \* National Level only
- Starmites Invitational \* State Level only
- WA Championships

### State & National LEVEL 4

- WAG SERIES #1
- WAG SERIES #3 \*State Level only
- Judges Invitational \* National Level only
- Starmites Invitational \* State Level only
- WA Championships

### State & National LEVEL 5

- WAG SERIES #2
- WAG SERIES #3 \*State Level only
- Judges Invitational \* National Level only
- Starmites Invitational \* State Level only
- WA Championships

### State & National LEVEL 6

- WAG SERIES #2
- WAG SERIES #3 \*State Level only
- Judges Invitational \* National Level only
- Starmites Invitational \* State Level only
- WA Championships

### State LEVEL 7 & Open

- WAG SERIES #2
- WAG SERIES #3
- Starmites Invitational
- WA Championships

#### **\*NEW IN 2023**

#### **WA CHAMPIONSHIPS QUALIFICATION**

In 2023, Gymnastics WA (GWA) have introduced a cap on entries for WA Championships for Levels 4 and over. Gymnasts must score in the top 120 gymnasts using their highest All-Around score from either WAG Competitions #1-3 or Judges Invitational.

Based off entry numbers from 2022, this is only likely to affect gymnasts in State Levels 4 and 5. Gymnasts who do not qualify to enter WA championships will be notified once we receive confirmation of eligible gymnasts from GWA.



# NEW IN 2023 - AGC COMPETITION SERIES

Australian Gymnastics Competitions (AGC) is a new competition series that commenced over East in 2022 and is making their debut in WA this year. The gymnasts compete in leagues not levels and we have aligned the leagues to our levels.

Participation in this competition series will be optional for our gymnasts who have competed State or National Level 5 -10 in 2023. We look forward to participating in the roll out of this new event series here in WA.

Details on the AGC League can be viewed on their webpage <https://www.agcleagues.com/>

## **AGC ROUND #1**

**7th - 8th October**

NATIONAL LEVELS 5-10 &

STATE LEVELS 5-Open

ENTRY CLOSING DATE: TBC

**Entry fee \$TBC**

## **AGC STATE CHAMPIONSHIPS**

**4th - 5th November**

NATIONAL LEVELS 5-10 &

STATE LEVELS 5-Open

ENTRY CLOSING DATE: TBC

**Entry fee \$TBC**

## **AGC ROUND #2**

**28th-29th October**

NATIONAL LEVELS 5-10 &

STATE LEVELS 5-Open

ENTRY CLOSING DATE: TBC

**Entry fee \$TBC**

**A POSITIVE GYMNASTICS MOVEMENT.**



# COMPETITION ENTRY FEE PAYMENT & POLICY

## ENTRY FEE PAYMENT

Competition entry fees will be added to every competitive gymnast's account for all competitions in the season they are eligible to attend. If your gymnast is unable to attend a competition please email [jennifer@activegym.com.au](mailto:jennifer@activegym.com.au) prior to the entry closing date to have the charge removed from your account.

Payment for competition entry will be directly debited on the competition entry closing date using the direct debit details we have on file for you. Please see our Squad Fee policy at the end of this document or reception for details on how to set up a direct debit.

If you do not have a direct debit set up, payment must be made before the entry closing date either at reception or online via our customer portal.

## LATE ENTRIES AND WITHDRAWALS

Entries are finalised with Gymnastics WA on the entry closing date. Late entries are only accepted at Gymnastics WA's discretion and will incur a 40% late fee. Late entries accepted within 3 weeks of the event date will also be charged an additional \$50 late fee.

Any gymnast who has to withdraw from a competition after the entry closing date due to injury or illness will be eligible to have their full entry fee refunded if a withdrawal form is submitted no later than 2 weeks before the first day of the event.

Withdrawals submitted less than two weeks prior to the start of the event will receive a 50% refund of the athlete entry fee. All withdrawals must be submitted no later than 24 hours prior to the start of the event. Please email [jennifer@activegym.com.au](mailto:jennifer@activegym.com.au) to confirm your withdrawal.

Refund of entry is not given on the grounds of non-medical absence so please inform Jennifer in advance of the entry closing date if you are not able to attend a competition so the charge can be removed from your account.

In the case of an exceptional circumstance Active Gymnastics will liaise with GWA to see if a refund can be arranged.



# COMPETITION UNIFORM

## ALL COMPETITIVE GYMNASTS

COMPETITION LEOTARD - \$195.30

RED MYSTIQUE SCRUNCHY \$6.30

**All gymnasts competing in Level 3 and over competitions are required to purchase the club competition leotard and red scrunchy.**

Both items are to be purchased from our supplier Sylvia P.

Gymnasts who do not purchase the club leotard in time for their competitions will be unable to compete.



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## ORDERING INFORMATION

Leotards must be ordered directly from Sylvia P by the ordering date below. This will ensure delivery before the first competition of the season. Orders made outside the order window won't be guaranteed delivery on time. Sample sizes are available to try on at reception or see your coach at the end of training to check sizes.

**Leotard orders must be placed with Sylvia P between  
1st May - 22nd May 2023**

Please see instructions in the pages below for how to order your competition leotard and scrunchy online at [www.sylviap.com.au](http://www.sylviap.com.au)

## ALL COMPETITIVE GYMNASTS

### COMPETITION JACKET \$65

The Active competition jacket can currently be purchased from reception.

We currently have stock of most sizes so please finalise your purchase by the 15th May so we can place an order if we run out of stock of your required size.



### COMPETITION TRACKSUIT PANTS

Gymnasts will be required to have plain black tracksuit pants to wear with the competition jacket. Whilst our current supplier has the option to purchase a pair through them (\$35), you are welcome to source these from another supplier or use plain black track pants you already have.

Please note that black leggings, dance tights, 'hammer pants' or pants with large noticeable branding or markings (see examples) are not acceptable.



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## ORDERING INFORMATION

Competition jackets (and track pants if you are ordering from our supplier) can be purchased at reception and also ordered if we do not have your size in stock.

**Jackets (& trackpants optional) must be purchased or ordered at reception by the 15th May 2023**

Step 1: Visit [www.sylviap.com.au](http://www.sylviap.com.au) and navigate to the account icon or button on the menu.

Desktop



Mobile / Tablet (drop down menu)

Account

Step 2: Login to your account or create a new account if you don't have one.

Desktop and Mobile

**LOGIN**

Please enter your e-mail and password:

[Forgot password?](#)

LOGIN

Don't have an account? [Create one](#)

Step 3: Find the TEAMS section and enter the Team Username and Team Password that you have been supplied with and click Add Team. Your team will now be visible under ACTIVE TEAMS

**TEAMS**

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Please enter Team Username and Password below.

Team Username  
**Active Gymnastics**

Team Password  
**QWNOaXZI**

ADD TEAM

Step 4: Once your team is visible in your account. On the menus click the CLICK HERE TO VIEW TEAM WEAR when on desktop computer or the TEAM WEAR button on mobile / tablet.

Desktop

**CLICK HERE TO VIEW  
TEAM WEAR**

Mobile / Tablet (drop down menu)

PRACTICE WEAR

TEAM WEAR

Step 5: On the menus hover over TEAM SHOP and your team will be visible.

Desktop

WOMENS
MENS
TEAM SHOP

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TEAM BANKSTOWN CITY YMCA

Mobile / Tablet (drop down menu)

**TEAM SHOP** —

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TEAM BANKSTOWN CITY YMCA

## HAVING TROUBLE?

Having trouble with setting up your Team Shop? Please don't hesitate to contact Sylvia P. Simply phone 07 3390 2902 during business hours Monday to Friday and we will be happy to help.

[www.sylviap.com.au](http://www.sylviap.com.au)

# COMPETITION SQUAD POLICIES & PROCEDURES

## TRAINING POLICY

- Competitive gymnasts will be expected to train the required days/hours for their current squad.
- All competitive gymnasts with an injury that requires taping, must be taped by a professional prior to their session. Parents must inform their child's coach of any new or ongoing injuries.
- Gymnasts are expected to attend and train their regular sessions throughout injury periods to ensure strength and flexibility is maintained. Programs will be set for any gymnast with an isolated injury. Any serious injury which does not enable gymnasts to attend, must be discussed with management to determine a fee reduction.
- Following the competition season, all gymnasts will train towards the next appropriate level in the Australian Levels Program (ALP). This does not confirm the level they shall compete the following year.
- Due to qualification scores needing to be met at events, there is a minimum standard for skills and elements to be demonstrated during training to be entered into a specific level.
- Due to safety and standards, gymnasts are expected to be in full attendance of training sessions, at least 2 weeks prior to any event. Gymnasts who are absent 2 or more weeks prior to a competition must be able to attend the session prior to the event to be evaluated as to their readiness to compete. In these circumstances, gymnasts will only compete at the discretion of their coach.
- Competitions usually fall on weekends, often one squad may be split into 2-3 age categories and the squad coach will be at the competition for multiple sessions. If any of these competition sessions are scheduled during regular training times, there will be no training session for the squad on that day. This will be communicated before the competition.



### COMPETITION EVENT ENTRY POLICY

- It is club policy that competition entries will only be accepted if training fees are up to date.
- Competitive Gymnastics training involves both preparation for competition and skill development for higher levels. A gymnast's readiness to compete will be based on some of the following criteria:
  - Rules and requirements for the specific competition
  - Current skill level and quality of training
  - Previous competition results including practice competitions
  - Psychological readiness

Decisions to withhold a gymnast from entering an event based on the above criteria will be at the discretion of the coach and club management.



**ALL COMPETITION INFORMATION & CORRESPONDENCE WILL BE SENT VIA EMAIL.**

**PLEASE CHECK YOUR iClassPro CUSTOMER PORTAL OR AT RECEPTION TO ENSURE ALL DETAILS ARE UP TO DATE**

## COMPETITION EVENT POLICY & PROCEDURES

Schedules and Workplans are set by Gymnastics WA. Parents are not able to contact GWA direct in relation to event scheduling.

- Gymnasts must arrive at the competition no later than the registration time stated on the event workplan. This is to ensure the coaches have enough time to prepare their gymnasts.
- Gymnasts are to wear Active competition attire and wear their hair tied back in a tight bun.
- During competitions, parents are not allowed to enter the competition area, approach their child or try to communicate with either coach or judge. Doing so can cause the gymnast or team to be disqualified.
- From the start of the competition until the end of presentations, gymnasts are the responsibility of the coaching staff. The only exception is when a parent has to escort their child to the bathroom if required as per GWA's child safety policy.
- Parent Volunteers are required for every competition. An email will be sent to you prior to the competition if you have been randomly selected to fulfil one of the positions allocated by GWA. Clubs are charged \$100 per role if a volunteer is not supplied so family assistance to fill these roles is very much appreciated.

We thank you in advance for all your help, support and understanding with giving up your time.

ALL GWA COMPETITIONS ARE HELD  
AT THE STATE GYMNASTICS  
CENTER LOCATED;

**LOFTUS RECREATION CENTER**  
**99 LOFTUS STREET**  
**(cnr Vincent Street)**  
**LEEDERVILLE, WA**



# ACTIVE GYMNASTICS

## 2023 Season Squad Fee Policy

All Competitive and Competitive Development Squads are billed on a fortnightly basis according to the hours trained as per the fee schedule on page 2.

Training continues throughout the year including school holidays. We close for two weeks over the Christmas holidays and no fees are charged during this period.

The office requires 4 weeks notice of a decision to discontinue training. Fees are charged for 4 weeks from the date of notice.

### Method of Payment

Fortnightly payments will be processed in IClassPro via IntegraPay. Please ensure you login to your customer portal and enter your payment details (this is securely stored after entry).

Fees are only due fortnightly, however one quarter at a time will be visible in your account. We are billed a \$5.50 fee for any unsuccessful payments, this fee will be added to your account if the transaction is declined or unable to be processed (because of no payment information). Please ensure that the card details are up to date and sufficient funds are available.

All transactions have a small fee from IntegraPay our services provider. The Bank Account Transfer option is the most cost effective means at \$0.88 per transaction regardless of the amount.

Customer portal link: <https://app.iclasspro.com/portal/activegymnastics/dashboard>

Data Storage and Compliance (once per record)	\$ 0.33	Visa/Mastercard (calculated on transaction value)	1.98 %
Bank Account Transfer (per transaction)	\$ 0.88	American Express (calculated on transaction value)	3.85 %
Credit/Debit Card Transaction fee (per transaction)	\$ 0.33	Failed Transaction (per failed or rejected transaction)	\$ 5.50

### Setting up Customer Portal Account

Go to the below web address to the sign in/ sign up page to our customer portal:

<https://app.iclasspro.com/portal/activegymnastics/dashboard>

Please use the email you have provided for our records to make your account as it will sync to the account we have for you on our system. To add payment details select 'account', 'make payment' then 'add payment info'. If you have any problems setting up your account please call 0417 503 517 or email [info@activegym.com.au](mailto:info@activegym.com.au).

## Absences

Gymnasts will not be charged for prolonged absences due to illness or injury upon the provision of a medical certificate or doctor/physiotherapist note.

In addition to the two week Christmas closure, families will not be charged for a further 2 weeks during the year for family holidays or other absences.

Once 2 weeks of fees have been waived, full fees will apply for future absences.

Please notify Club Manager Jennifer prior to your absence so that we can amend your fees.

Please email [jennifer@activegym.com.au](mailto:jennifer@activegym.com.au).

## Public Holidays

The gym will be closed on public holidays so there will be no training those days. Accounts will be adjusted at the time should your usual training day fall on a public holiday.

## 2023 Competitive Season Fee Schedule

Hours Trained	Weekly Fee	Fortnightly Fee	Hours Trained	Weekly Fee	Fortnightly Fee
45 minutes	\$18.75	\$37.50	12.5 hours	\$109.25	\$218.50
1 hour	\$21.00	\$42.00	13 hours	\$110.50	\$221.00
1.5 hours	\$26.63	\$53.25	13.5 hours	\$111.38	\$222.75
2 hours	\$30.25	\$60.50	14 hours	\$112.00	\$224.00
3 hours	\$46.50	\$93.00	14.5 hours	\$112.38	\$224.75
4 hours	\$60.00	\$120.00	15 hours	\$116.25	\$232.50
5 hours	\$67.50	\$135.00	15.5 hours	\$116.25	\$232.50
5.5 hours	\$71.50	\$143.00	16 hours	\$120.00	\$240.00
6 hours	\$72.00	\$144.00	16.5 hours	\$121.63	\$243.25
7 hours	\$80.50	\$161.00	17 hours	\$123.25	\$246.50
7.5 hours	\$82.50	\$165.00	17.5 hours	\$125.13	\$250.25
8 hours	\$86.00	\$172.00	18 hours	\$128.70	\$257.40
8.5 hours	\$89.25	\$178.50	18.5 hours	\$132.28	\$264.55
9 hours	\$94.50	\$189.00	19 hours	\$135.85	\$271.70
10 hours	\$95.00	\$190.00	19.5 hours	\$139.43	\$278.85
11 hours	\$101.75	\$203.50	20 hours	\$143.00	\$286.00
11.5 hours	\$104.88	\$209.75	21 hours	\$150.15	\$300.30
12 hours	\$108.00	\$216.00			

## FORTNIGHTLY BILL PERIOD

### Quarter 1

Fortnight 1: 2 - 15 January,  
Fortnight 2: 16 - 29 January  
Fortnight 3: 30 January - 12 February  
Fortnight 4: 13 - 26 February  
Fortnight 5: 27 February - 12 March  
Fortnight 6: 13 - 26 March  
Fortnight 7: 27 March - 9 April

### Quarter 2

Fortnight 1: 10 - 23 April  
Fortnight 2: 24 April - 7 May  
Fortnight 3: 8 May - 21 May  
Fortnight 4: 22 May - 4 June  
Fortnight 5: 5 June - 18 June  
Fortnight 6: 19 June - 2 July

### Quarter 3

Fortnight 1: 3 - 16 July  
Fortnight 2: 17 - 30 July  
Fortnight 3: 31 July - 13 August  
Fortnight 4: 14 - 27 August  
fortnight 5: 28 August - 10 September  
Fortnight 6: 11 - 24 September

### Quarter 4

Fortnight 1: 25 September - 8 October  
Fortnight 2: 9 - 22 October  
Fortnight 3: 23 October - 5 November  
Fortnight 4: 6 - 19 November  
Fortnight 5: 20 November - 3 December  
Fortnight 6: 4 - 17 December

## DUE DATE

7 January  
16 January  
30 January  
13 February  
27 February  
13 March  
27 March

10 April  
24 April  
8 May  
22 May  
5 June  
19 June

3 July  
17 July  
31 July  
14 August  
28 August  
11 September

25 September  
9 October  
23 October  
6 November  
20 November  
4 December